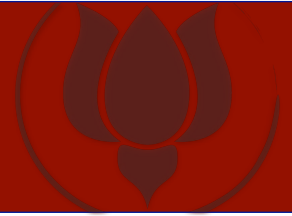


# CERTIFICATIONS



## **The Masters Path Yoga Teacher Training**

**TIME: 30 Days (200-Hour Certification)**

**Instructor: Jeff Masters & Staff**

This training is a comprehensive, experiential study of the art and science of Yoga as well as the sister sciences of Ayurveda and Jyotisha (the Vedic science of the planets and their impact on our psychobiology). Students will receive authentic instruction in classic yogic philosophy, Hatha Yoga, Pranayama, the Eight Limbs of Yoga as illuminated by Sri Patanjali's Yoga Sutras, as well as be introduced to deeper teachings from select ancient Tantric texts.

### **The Purpose of Our Practice**

The primary focus of The Masters Path Teacher Training is to bridge the Eastern science and art of Yoga with the Western science of consciousness and matter. Through this dance we inspire a profound desire for self-awareness and awakening. From the seeds of this foundation our students are able to cultivate a long-lasting personal practice and a rich level of experience from which to teach.

### **No Student or Class Is The Same**

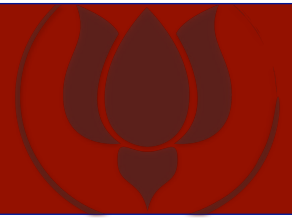
The science of Yoga impacts our body, refines our minds, and provides a deep and abiding clarity to some of the most profound mysteries of the Universe. As such, one of the tenants of our program is that ALL yoga is therapeutic. As such, our program's emphasis on the science of Ayurveda and it's principles provide our graduates with the tools necessary to effectively design and execute a class, individual or group, that originates from a deeply therapeutic foundation of understanding and experience.

The Masters Path 200-Hour Teacher Training Program was developed following the guidelines set forth by the Yoga Alliance®, a national non-profit organization dedicated to education and the support of Yoga throughout the United States. Their mission is to ensure a comprehensive understanding of the benefits of yoga, that registered yoga teachers value the core history and traditions, and to maintain public confidence in the quality and consistency of instruction. Our program is currently under review for accreditation by Yoga Alliance.

Each of our graduates will receive a certificate of completion from the Sedona Wellness Institute and are eligible for national certification upon completion of the course.

In addition to our primary instructors, we are pleased to announce the special guest faculty for the 2016 training.

# CERTIFICATIONS



## **Samskāric Archeology & Alchemy™: Level 1 Certification**

**TIME: 7 Days (50 Hour Certification)**

**Instructor: Jeff Masters**

This seven-day certification is for the yoga teacher or therapist who wants to go deeper into the information and employ the Somatic-Based Mindfulness Practices of Samskāric Archeology & Alchemy in their work.

During this course we dive deeper into the somatic structures of the body as well as the self-assessment tools critical to identifying the issues in our tissues.

## **COMING SOON!**

## **Samskāric Archeology & Alchemy™: Level 2 Certification**

**TIME: 5 - 7 Day (50 Hour Certification)**

**Instructor: Jeff Masters**

## **Samskāric Archeology & Alchemy™: Level 3 Certification**

**TIME: 5 - 7 Day (50 Hour Certification)**

**Instructor: Jeff Masters**

## **Advanced Somatic Therapy™: Level 1 Certification**

**TIME: 3 Day (20 Hour Certification)**

**Instructor: Jeff Masters**

## **Advanced Somatic Therapy™: Level 2 Certification**

**TIME: 3 Day (20 Hour Certification)**

**Instructor: Jeff Masters**

## **Advanced Somatic Therapy™: Level 3 Certification**

**TIME: 3 Day (20 Hour Certification)**

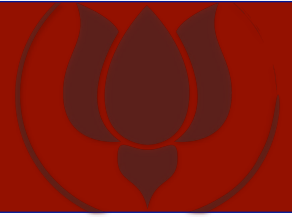
**Instructor: Jeff Masters**

## **Trauma-Specific Yoga Therapy for Sustainable Recovery™: Facilitators Certification**

**TIME: 3 Day (20 Hour Certification)**

**Instructor: Jeff Masters**

# CERTIFICATIONS CONT.



**The Nine Ancient Principles For Personal Transformation™: 9-Week Course**

**TIME: 3 Hours / 1 x Week (9 Hours)**

**Instructor: Jeff Masters**

**The Nine Ancient Principles For Personal Transformation™: Facilitators Course**

**TIME: 3 Day (24 Hour Certification)**

**Instructor: Jeff Masters**

**Masters Path Yoga Therapy™: Level 1 Diplomate Certification**

**TIME: 10 Days**

**Instructor: Jeff Masters**

**Masters Path Yoga Therapy™: Level 2 Practitioner Certification**

**TIME: 10 Days**

**Instructor: Jeff Masters**

**Masters Path Yoga Therapy™: Level 3 Therapist Certification**

**TIME: 10 Days**

**Instructor: Jeff Masters**

For more information, a quote or to sign up:

Call (928) 203-6726 or email us at [info@JeffMasters.net](mailto:info@JeffMasters.net)